



Idioms for Happiness – Worksheet

Instructions: Complete Parts A–C. Then check your answers at the end.

Part A – Match the Idiom to Its Meaning

Idiom	Meaning
A. Beam with happiness	1. Happy and excited
B. Walking on air	2. Happy and smiling
C. Tickled pink	3. Exceptionally happy in a light-hearted way
D. Sunny disposition	4. Blissfully happy
E. Music to my ears	5. Very happy
F. Paint the town red	6. Happy all the time

G. Like a dog with two tails

7. Delighted

H. Jump for joy

8. Good news

I. On cloud nine

9. Content and very happy

J. Happy as a clam

10. Having fun

Part B – Fill in the Blank

1. After winning the scholarship, Aisha felt she was _____ and danced around her room.
2. The kids were _____ when the school announced a surprise field trip.
3. Grandpa's face _____ the moment he saw his newborn granddaughter.
4. I was _____ when my best friend flew in to visit me unexpectedly.
5. They were _____ after crossing the marathon finish line together.
6. Sam was _____ when he finally mastered that tricky guitar solo.
7. The whole team was _____ after securing the championship trophy.
8. Maya walked into the interview _____, ready to impress the panel.
9. Carlos was _____ during the concert, singing every song at the top of his lungs.
10. Finishing the project on time left the entire office _____ all afternoon.

Part C – Create Your Own Sentences

1. Use 'Heart leaps for joy' in your own sentence: _____
2. Use 'Smile from ear to ear' in your own sentence: _____
3. Use 'Dancing in the streets' in your own sentence: _____
4. Use 'Full of the joys of spring' in your own sentence: _____
5. Use 'Ray of sunshine' in your own sentence: _____

Answer Key

Part A

A – 2

B – 3

C – 7

D – 6

E – 8

F – 10

G – 5

H – 1

I – 4

J – 9

Part B

1. on cloud nine
2. jumping for joy
3. lit up like a Christmas tree
4. over the moon
5. on top of the world
6. tickled pink
7. thrilled to bits
8. in high spirits
9. having a ball
10. floating on air