



Bite the Bullet – Printable Worksheet

Name: _____

Date: _____

PART A: Choose the Best Definition

Read each sentence. Circle the answer that shows the correct meaning of "bite the bullet."

1. What does it mean to "bite the bullet"?
 - a) Chew on something hard
 - b) Do something brave even if it's painful
 - c) Refuse to take action

2. "After weeks of delay, she finally bit the bullet and called her boss."
 - a) She ignored the problem
 - b) She gave up completely
 - c) She did something difficult she had been avoiding

3. "He bit the bullet and signed up for surgery."
 - a) He made a decision despite fear or pain
 - b) He got into a fight
 - c) He chewed a metal object

4. “They bit the bullet and told their kids about the move.”

- a) They kept a secret
- b) They faced an unpleasant situation with honesty
- c) They changed their minds

5. When would you “bite the bullet”?

- a) When you want to relax and do nothing
- b) When you avoid something scary
- c) When you decide to do something tough that must be done

PART B: Match the Idiom to the Situation

Draw a line between the situation and the correct use of "bite the bullet."

Situation	Idiom Use
Afraid of the dentist	He bit the bullet and stayed up all night.
Job cuts needed to save company	They bit the bullet and paid the full repair cost.
Student avoiding studying	The manager bit the bullet and announced layoffs.
Athlete playing through an injury	She bit the bullet and made the appointment.

PART C: Rewrite the Sentence

Make these sentences more descriptive using “bite the bullet.”

1. She didn’t want to go to the doctor.

→ _____

2. I finally faced my fear of public speaking.

→ _____

PART D: Create Your Own

Write your own sentence using “bite the bullet.” Make it realistic and personal!

My sentence:

PART E (Optional): Draw It 🎨

Draw someone “biting the bullet” — literally or figuratively — to show what the idiom means.

Answer Key

PART A

- 1 b
- 2 c
- 3 a
- 4 b
- 5 c

PART B:

Situation	Correct Idiom Use
Afraid of the dentist	She bit the bullet and made the appointment.
Job cuts needed to save company	The manager bit the bullet and announced layoffs.
Student avoiding studying	He bit the bullet and stayed up all night.
Athlete playing through an injury	He bit the bullet and finished the game.
Broken air conditioner needs fixing	They bit the bullet and paid the full repair cost.